

# Adult Learning & Skills Service

The Adult Learning and Skills Service are offering a range of free online courses to support parents.

With increased demand on parents and their children to access learning and social activities via a digital platform, we have seen a rise in the number of scams and online abuse.

We would like to extend our offer to support parents to develop the skills and knowledge needed to protect both themselves and their children whilst accessing online resources with our course **Keeping Yourself Safe Online**.

Also, with the increase in demand for a range of blended learning, we are also happy to offer parents the opportunity to develop their own digital skills to help support both themselves and their children with our course **Keeping Up With the Children (IT Focus)**.

If you are interested in either of these courses, please contact ALSS for more information.



Contact  
**03000 266 115** or  
email  
[alss@durham.gov.uk](mailto:alss@durham.gov.uk)



**European Union**  
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