



Aims

To prepare our pupils to be better prepared to navigate, participate and stay safe in this world.

To foster pupil wellbeing and develop character and personal attributes that we believe are fundamental to pupils being happy, successful and productive.



That our pupils learn to make responsible, informed decisions, including understanding boundaries in a range of contexts, including online. .

PSHE education
introduces pupils to some
of the opportunities,
challenges and
responsibilities they will
face growing up.





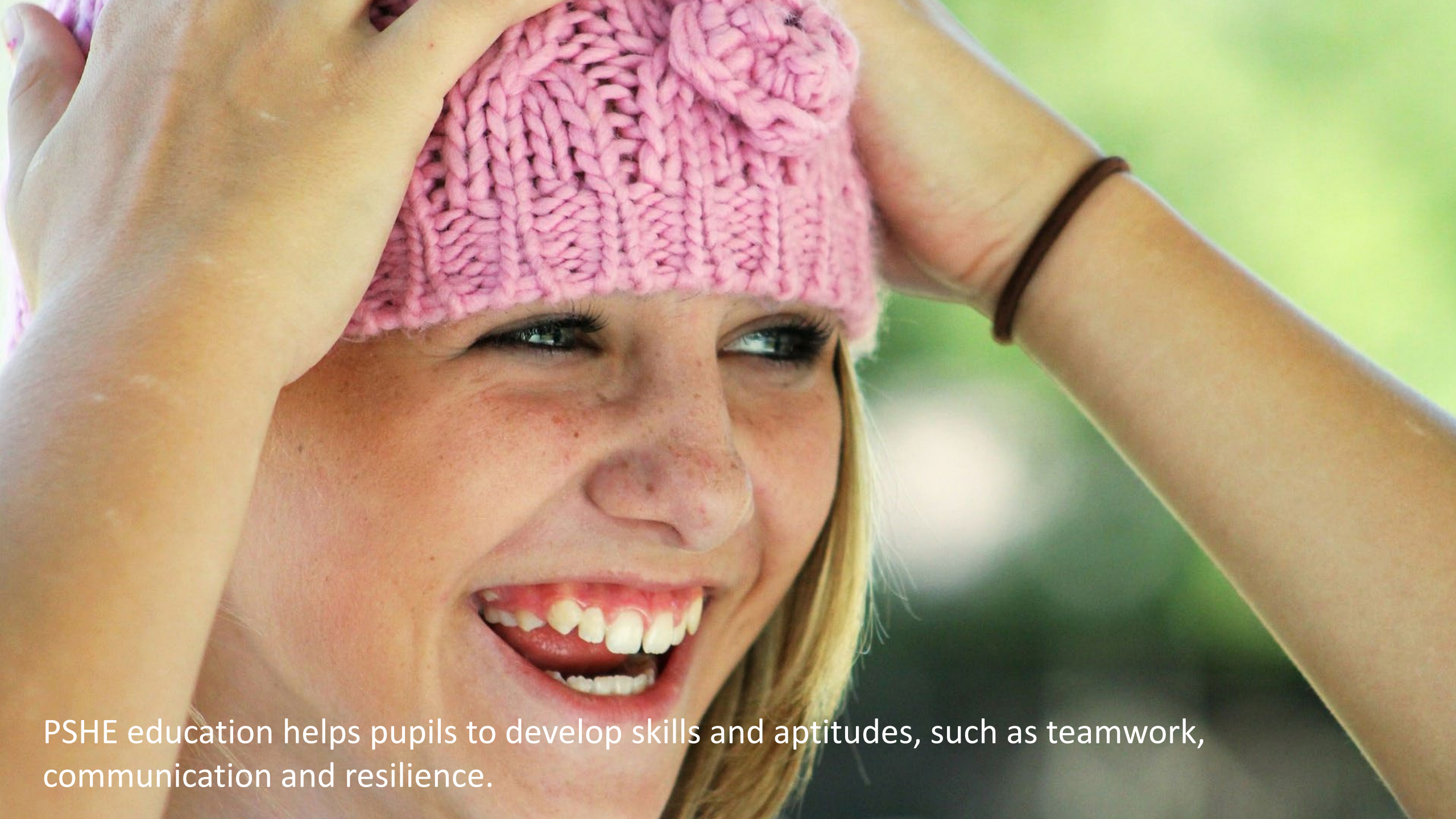
A word cloud displayed on a laptop screen, featuring various terms related to mental health and psychology. The words are arranged in a dense, overlapping manner, with some words being significantly larger than others. The colors of the words include shades of green, blue, orange, and white. The laptop is open on a wooden surface, and a person's hand is visible at the bottom, typing on the keyboard. To the right of the laptop, a person's arm and hand are visible, holding a white cup. A smartphone is also visible on the wooden surface next to the laptop.

AWARENESS
WELLNESS
THERAPY
BENEFITS
RISK
RESEARCH
STIGMA
WORRIED
RELATIONSHIPS
TRAUMA
IQ
POSTPARTUM
CRISIS
PSYCHOLOGY
SUICIDE
POST-TRAMATIC STRESS
PSYCHOLOGICAL
HEALTH
DEPRESSION
CLINICAL
BIPOLAR
STRESS
GRIEF
ANXIETY
GENETIC
PHOBIA
ATTITUDE
EMOTIONS
DRUGS
COGNITIVE
TREATMENT
ANOREXIA
OPTIMIST
UNHAPPY
SELF HARM

PSHE education actively promotes the moral, cultural, mental and physical development of pupils.



PSHE education helps pupils develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society.



PSHE education helps pupils to develop skills and aptitudes, such as teamwork, communication and resilience.



PSHE education helps children achieve their full potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships.