

Howlatch Lane Primary School RSE Newsletter

January 2022

Happy New Year to all parents and children wishing you health and happiness in 2022

Spring 2

This half term our RSHE focus is...

Consent and Healthy Relationships

EYFS/ Key Stage 1 and Resource Base

Themes will be based on the following topics...

- Appropriate touch
- Respecting Personnel Space
- My body belongs to me
- Someone to talk to

Lower and Upper Key Stage 2

Themes will be based on the following topics...

- What is consent/appropriate touch
- Personnel Space/Boundaries
- Support Networks.

RSE in Action...



Year 1 Animal Steve

Year 1 have been learning to take care of themselves and the world around them. They had an exciting visit from Steve's Animal Ark which helped us learn about animal care and preservation.

NSPCC -Pants campaign.

This half term we will be supporting the NSPCC in educating children about staying safe.



<https://www.nspcc.org.uk/keeping-children-safe>

First Aid Training

We are continuing out children's first aid working alongside the British Red Cross

Friday 6th February 2022.



**First Aid
Champions.**

Useful Support- Mental Health Awareness

Anna Freud
Self-care to look after your mental health
www.mentallyhealthyschools.org.uk

Time to Change Hub
Working in County Durham to support people to change how they think and act about mental health
www.time-to-change.org.uk/hub/time-to-change-durham